

Freshman year

Bagels & Basics:

Because we believe that “Bagels & Basics” provides a foundation for Confirmation Preparation & Youth Ministry,

**15 BAGELS & BASICS classes and
We ask everyone to do at least 1 of the 2
Reconciliation opportunities offered.**

The Bagels & Basics schedule will be published in August. **Most sessions are on the 1st & 3rd
Sundays after the 11:15 Mass from 12:30 to 2pm.**

Our sessions cover a broad range of topics designed to give QP teens a common vocabulary and shared understanding of their faith. We'll look at what it means to be a confirmed Catholic, the relationship between sexual abstinence & faith, the difficult moral choices we face, how our choices reflect what we believe, and how each of us is called to serve. We'll pray, laugh, read and talk together on the way to a deeper understanding of our faith and ourselves.

One-Day Retreats:

You may choose one of several dates offered.

(Not required for EHS students or for anyone who goes on a Mission Trip, NCYC, or one of the more extended overnight retreats.)

Retreats may be 1-day pilgrimage retreats or may be a late-night retreat at QP. We'll spend time exploring our faith, our culture, our past and our future while praying, talking, and learning how our relationship with God guides our lives.

FaithWORKS:

10 Hours of service Stewardship - using our time and our talents doing the work of God, is an important part of who we are as Catholic Christians learning to ‘walk the walk we talk’. Use the Faith WORKS component to push your envelope - go beyond your comfort zone and make a difference! FYI – I will not ask for an accounting of service hours. Instead, when each student nears Confirmation, they will be asked to share a story of how service in the name of God impacted their life.

What comes next

Mini-Courses:

3 Mini-courses. (2 for EHS students) Schedules vary. Courses for each quarter will be posted in the newsletters & mailings and on our website. Topics will include areas that explore our call to Discipleship, your relationship with God, how we live as Catholics in our culture, and how we grow in faith.

Overnight Retreat:

We do ask everyone to do an overnight retreat.

A variety of retreats with different schedules are held at a variety of sites. Location details, like mini-courses, are announced in newsletters & mailings and are posted on the website. Again, we'll spend time talking about faith, our culture, our past and our future while praying, laughing, eating, and learning how our relationship with God guides our lives. But this time, we'll delve deeper.....

FaithWORKS:

20 Hours of service. Serving, reading, singing, ushering etc. at Mass is a wonderful way to get your hours. So is tutoring, raking leaves for a neighbor, visiting with someone who is lonely or working in a food pantry. Push your envelope even further.....

At least 2 of these hours should be spent helping people truly in need. This could mean serving at a meal program, a housing shelter, a Food Pantry, the Boys and Girls Club or on Mission Trip or at the CMC.....

Program Fees:

The Confirmation Preparation/Youth Ministry Program fees are \$150 which includes most activities throughout the student's high school career.

Final Confirmation Preparation:

TGIF

TGIF stands for **ToGether in Faith**. This session is an opportunity for our students and their sponsors to share a guided discussion on faith, life, struggles, the future...everything. We will offer the session 3 times during the weeks leading up to Confirmation.

Confirmation Prep Retreat:

The retreat will focus on how you have prepared for the sacrament of Confirmation, and preparing to receive the gifts of the Holy Spirit. We will offer this one-day retreat at least 3 times – and ask that you do one of them.

The TGIF and Prep retreat are also often offered in tandem as 1 event

Confirmation Final Prep & Rehearsal:

One shot only: the week before Confirmation . Sponsors and students to be Confirmed need to attend!

Youth Ministry Trips:

Mission Trips: A trip out serving those most in need in our country. Our most recent Mission Trip was to McAllen, Texas – and we hope to return there in the summer of 2026!

Love Begins Here, Disciple Camp and Camp Gray– either of these would satisfy your Overnight Retreat guideline after a pre-trip and post-trip meeting with Cheryl OR Noah

Any of these summer trips cover all one-day and overnight retreat guidelines for Confirmation.

The Mission Trip also covers all service hour guidelines

When can I be Confirmed?

Students can be Confirmed when they feel ready and when they have prepared to receive the Sacrament. Traditionally at Our Lady Queen of Peace, students have received the Sacrament in Sophomore or Junior year.

But I'm so busy!!! What about make-up sessions?

Your faith is an important part of figuring out who you are. That said, it is still a PART of figuring out who you are and how God is calling you to use your talents and where to spend your time and energy. All the energy you spend on academics, sports, music, family, friends - it's all important - because all our friends, family & talents are gifts from God. We know there are lots of different things pulling on your schedule.

For example, if you miss Bagels & Basics, you can take Pizza & Theology in your Sophomore year. Pizza & Theology is an opportunity specifically designed for students who, as Sophomores & older, are trying to catch up topics covered in Bagels & Basics events. There are several Pizza & Theology evenings (in 3 hour slots) scheduled throughout the year - at least one a month. Students may sign up for these evenings in groups of up to 12.

(One Pizza & Theology = 2 Bagels & Basics)

And Mini-courses can always be scheduled as independent study events with Cheryl. You can do this alone, or with a couple of friends - just come to Cheryl with a topic. We try to offer you lots of choices - including preparing privately with your parents as guides. In fact, any time you have a question, call Cheryl at 231-4616. Or send an e-mail to her at Cheryl.horne@qopc.org



Youth Ministry and Confirmation Preparation Program

First Step:

Bagels & Basics
Pilgrimage Retreat
10 FaithWORKS service Hours

Second Step:

(Part of the Second step can run concurrently with the First step, or can begin at the conclusion of Bagels & Basics)

3 Mini-courses
Pizza & Theology sessions
1 Overnight Retreat
20 Faith WORKS service hours
(with at least 2 of those hours helping people in need at a meal program, shelter, etc.)

Final Confirmation Preparation

1 TGIF session
1 Confirmation Prep Retreat
1 Confirmation Reconciliation Service
and Rehearsal evening