

Bagels & Basics 2025-2026

Exclusively for Freshman folks

14 Bagels & Basics sessions & at least 1 Reconciliation Service are required for the Confirmation Preparation Guidelines.

All Classes are 12:30pm to 2pm

Sunday, September 28th Coming together to explore the 4 pillars of the church

This is a session for ALL freshmen and ALL their parents!

We begin with Fr. Brian, the pillars of the faith & talk about the road to Confirmation and beyond!

Sunday, October 5th What does it mean if I say I'm Catholic?

A discussion about Catholicism: what the world teaches, what the truth is & how much you know. No quizzes – just discussion

Sunday, October 19th It all begins with the story; how much do you know about the Bible? Part 1

The Bible is 'The inspired word of God'.....what does it inspire in us today? How does it apply to everyday existence?

Sunday, November 2nd It all begins with the story; how much do you know about the Bible? Part 2

The Bible is SUCH a big and important topic – we knew we needed to devote 2 full days to it! Come find out more!!

Sunday, November 16th Circle of Grace (Protecting God's Children)

OK – so living your faith is tough....that's not news. It means choosing your faith even when it's hard, it means figuring out who you are and what you stand for...& knowing when someone doesn't have your best interests at heart.

It's about protecting yourself and your future....

Sunday, November 23rd One Holy Catholic and Apostolic

*Using the video series **Chosen** and **Decision Point** as well as taking a video Catholic Quiz challenge and taking the opportunity to continue our discussion from the last classes – we'll talk about what it means to be Catholic, here & now....*

Sunday, December 7th The Advent Project

We will discuss all things Advent, the reason for the season, the Spiritual and Corporal Works of Mercy, and introduce the Advent Project - what a good way to prepare for Christmas!

That Same Day: The 100th Capitol Christmas Pageant

This is the first mini-course option available to our Freshman.

Come join us to celebrate this faith filled and historic pageant proclaiming the Incarnation!

Watch for invitations to sign up!

The week of December 7th marks the first time Freshman can start doing mini-courses and Pizza & Theology sessions etc. – Stay tuned for further invitations!

Sunday, December 21st Forgiveness of Sins: Reconciliation

Sunday, December 21st is the first of 2 Confession opportunities specifically geared for our students

Welcome to Bagels & Basics, 2026!!!

New Year's Resolution: Eat More Bagels

Sunday, January 4th

..... **Is there Faith After High School?**

"Life with Christ is a wonderful adventure....."

---Saint Pope John Paul II

What does faith look like after high school? An honest discussion with some college students....

Sunday, January 18th

..... **Ethics & Morality pt. 1**

What, exactly does the Church teach about real life stuff? And does that have anything to do with my life now?

We will look at the Catechism of the Church – and the youth focused translation: the YouCat!!!

Sunday, February 1st

..... **Ethics & Morality pt. 2 and how we live what we believe**

We'll review the Corporal and Spiritual Works of Mercy, analyze the "Seven Deadlies", the cardinal virtues, and the gifts of the Holy Spirit,

& talk about what we are doing for service....We'll also look at the season of Lent and what we are doing to honor it

(– is it about more than fish on Fridays & giving up chocolate?)

Sunday, February 15th

..... **"Fathers on the Hot Seat"**

We'll ask Fr. Brian and friends questions about their lives and ministry, our faith,

and what it has meant to them to follow Jesus.

We will also ask them about some of the things that became discussion issues during our Ethics & Morality sessions.....

Sunday, March 1st

..... **You Are Chosen by God What does God want for your life?**

We'll mark the beginning of the Lenten Season by looking at how we are called to be Easter People....

If we know that we are chosen by God....if we TRULY know it....how does it affect how we live? How does it affect our relationships? How does it affect what kind of athletes we are? What kind of students? What kind of people?

Sunday, March 15th

..... **Forgiveness of Sins: Reconciliation**

Sunday, March 15th is the second of 2 opportunities for Confession specifically geared for our students.

Sunday, March 29th

..... **The week that sets us all apart**

We'll take the time to look at Holy Week and the Triduum.....and the Holy Day that sets Christianity apart!

Sunday, April 12th

..... **Putting the Pieces together**

We'll take the time to look at all we have learned so far this year....can you sing the Jeopardy theme????

Sunday, April 26th

..... **The Big Picture + Faith beyond QP**

Celebrating a life lived in faith. You don't want to miss this one!